

SATISFYING THINGS I WANNA DO THIS WEEK DAMMIT

DATE MONTH/DAY

MONDAY

Decide on your balance strategy. Write down what got done. Fill in hour blocks at right.



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



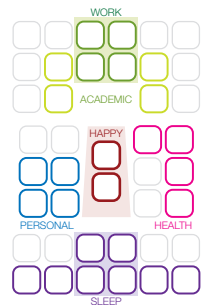
▼ THIS WEEK'S BIG THREE TOUGHEST TASKS that you most want to make progress on!

- 1
- 2
- 3

► AND THE OTHER STUFF THAT'S ON YOUR MIND which is your running to-do list.

Handwritten notes and task lists for the week, corresponding to the 'AND THE OTHER STUFF THAT'S ON YOUR MIND' section.

SATURDAY



SUNDAY

