		THIS WEEK'S BIG THREE TOUGHEST TASKS that you most want to make progress on!		
SATISFYING THINGS I WANN		1		
THIS WEEK DAM		Task description.		I line. Track 15min/bubble. Total time.
	2009	۷		<u>, 000 000 j</u>
		3		<u>)000 000a j</u> ,
MONDAY THEME	CREATE	► AND THE OTHER STUFF THAT	'S ON YOUR MIND wh	ich is your running to-do list.
Decide on your balance strategy. Write down what got done. Fill in hour blocks at right.		L		
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		l		
	HOME	l		
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		<u> </u>		
TUESDAY THEME	CREATE	l		
		l		
		L		
				i
	HOME			
WEDNESDAY THEME	SLEEP	li		i
		l		i
THURSDAY THEME	CREATE	SATURDAY THEME		CREATE
	HOME			HOME HEALTH
FRIDAY THEME	SLEEP	SUNDAY THEME		

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